

# Construction sector

# Minds in Business

Helping organisations address mental health



Mental health issues are the biggest cause of lost workdays in the UK, costing businesses up to £45 billion a year in lost revenues. Mental health issues at work can lead to incidents with a devastating impact.

The UK construction industry underpins the whole economy, building the homes, offices, factories, schools and hospitals we rely on. However, workers in the construction sector balance a wide range of daily stress and anxiety from organisational challenges such as supply chain woes, tight deadlines, workforce shortages and chasing late payments, through to personal issues such as heavy workloads, long hours, work away from home and zero hours contracts. Recent research shows:

- > Two construction workers die by suicide every day – over 700 per year.
- > Men in construction are three times more likely to kill themselves than the national average.
- > Over two-thirds of construction workers believe there's a stigma around mental health.

## Improve your mental health strategy

As a leading business insurer, QBE has been supporting construction and engineering firms for more than 30 years. We work with many of the sector's leading firms and have long-term relationships with 20 of the UK's top 30 construction companies.

To help you evaluate and improve your mental health strategy, we have a new 'Minds in Business' mental health strategic assessment tool that's unique in the insurance market.

Minds in Business has been developed in collaboration with renowned mental health charity Mind, organisational culture and human error specialists Anker and Marsh, and business and personal resilience specialists Petros, so you can have confidence in the process and outcomes.

When you engage with Minds in Business, you'll be posed a series of questions designed to consider your strategic approach to:

- > Leadership
- > Planning
- > Support
- > Organisational confidence and capability
- > Performance evaluation

After you've completed the process, you'll be given a bespoke risk improvement plan along with a proposed timeframe for completion. You'll also be signposted to a suite of resources and guidance to help you, much of which is provided by our carefully selected specialist partners.

We believe that Minds in Business can lead to healthier and happier employees, fewer workplace incidents, an improved claims experience and resultant improved business performance.

Just a small improvement in an organisation's approach towards mental health can help to significantly address some of the issues and alarming statistics above.

## How to access Minds in Business

Access to Minds in Business is through our QRisk online risk management platform, available only to QBE customers.

QRisk offers you a wide range of guidance and self assessment tools to help reduce the chances or impact of an unexpected event - from managing your ESG (environmental, social, and corporate governance) risk, preventing common accidents in your workplace, or even improving your company's risk culture. QRisk can make it easier than ever to understand and manage the risks for your business.

You can work through each online module in QRisk at your own pace, taking what you need, at your discretion. You're in full control.

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